



CityRun Naval Hill # 229

2025 # 49

22 Nov 2025

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
1	00:19:53	Evan Phillies	20-24	M	1	132
2	00:24:17	Unknown				
3	00:24:40	Hardus Burger	35-39	M	1	15
4	00:25:31	Unknown				
5	00:25:32	Unknown				
6	00:25:39	Gp Nel	55-59	M	1	51
7	00:25:59	Elsabe Myburgh	55-59	F	1	96
8	00:26:38	Unknown				
9	00:27:31	Vivian Phillies	55-59	M	2	187
10	00:27:52	Unknown				
11	00:28:05	Unknown				
12	00:28:11	Johan Snyman	50-54	M	1	15
13	00:28:25	Govan Ntlhaile	50-54	M	2	49
14	00:28:37	Ntsikelelo Mdedelwa	40-44	M	1	25
15	00:28:42	Unknown				
16	00:28:46	Eben Van Der Merwe	10-14	M	1	5
17	00:28:53	Unknown				
18	00:28:58	Ilze Kearney	60-64	F	1	49
19	00:29:16	Dirk Strydom	60-64	M	1	128
20	00:29:56	Martie Van Zyl	65-69	F	1	179
21	00:30:01	Unknown				
22	00:30:01	Murendi Mutsharini	40-44	M	2	50
23	00:30:05	Riana Nel	60-64	F	2	110
24	00:30:32	Ben Vd Merwe	55-59	M	3	179
25	00:30:45	Cas Kempff	65-69	M	1	158
26	00:30:47	Marianne Botha	55-59	F	2	3
27	00:30:49	Erik Van Driel	50-54	M	3	10
28	00:31:04	Hugo Venter	55-59	M	4	74
29	00:31:18	Unknown				
30	00:31:22	Lizette Viviers	50-54	F	1	38
31	00:31:23	Marile Eckard	35-39	F	1	10
32	00:31:32	Peter Lombard	65-69	M	2	17
33	00:31:51	Lynette Venter	55-59	F	3	197
34	00:32:01	Unknown				
35	00:32:02	Unknown				
36	00:32:12	Marietjie Britz	50-54	F	2	23
37	00:32:17	Unknown				
38	00:32:48	Unknown				
39	00:32:49	Unknown				
40	00:32:52	Unknown				
41	00:33:10	Johan Wasserman	55-59	M	5	125
42	00:33:12	Unknown				
43	00:33:44	Koos Myburgh	55-59	M	6	95
44	00:33:59	Unknown				
45	00:33:59	Mpoi Raleting	45-49	F	1	8
46	00:34:03	Winnie Sebogodi	45-49	F	2	124
47	00:34:28	Reginald Hiscock	70-74	M	1	193
48	00:34:43	Vicky Kammies	25-29	M	1	12

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
49	00:34:49	Unknown				
50	00:34:50	Unknown				
51	00:35:27	Amos Van Der Westhuizen	55-59	M	7	73
52	00:35:34	Lourens Van Jaarsveldt	65-69	M	3	142
53	00:35:51	Adriaan Joubert	55-59	M	8	57
54	00:36:10	Lize Jonker	35-39	F	2	37
55	00:36:20	Unknown				
56	00:36:58	Unknown				
57	00:36:58	Suzanne Boonzaaier	60-64	F	3	144
58	00:37:13	Unknown				
59	00:37:14	Unknown				
60	00:37:32	Tim Van Rooyen	60-64	M	2	60
61	00:37:34	Abigail Van Rooyen	25-29	F	1	60
62	00:38:01	Annette Van Rooyen	70-74	F	1	23
63	00:38:16	Lita Patricio	50-54	F	3	10
64	00:39:10	Marie Lubbe	70-74	F	2	209
65	00:39:33	Maria Groenewald	50-54	F	4	152
66	00:39:33	Tsietsi Selokela	40-44	M	3	67
67	00:39:57	Marietjie Jacobs	70-74	F	3	112
68	00:40:09	Unknown				
69	00:41:12	Dewald Jean Van Zyl	30-34	M	1	9
70	00:41:27	Lizette Human	50-54	F	5	181
71	00:41:33	Jacobus Human	50-54	M	4	181
72	00:41:33	Baitse Molisapoli	55-59	F	4	28
73	00:41:35	Dalena Van Der Merwe	60-64	F	4	166
74	00:41:47	Breggie Kuhn	60-64	F	5	33
75	00:41:49	Eckhardt Kuhn	55-59	M	9	32
76	00:42:39	Unknown				
77	00:42:45	Unknown				
78	00:43:23	Marlene Santapaga	70-74	F	4	45
79	00:43:26	Ronel Erasmus	65-69	F	2	95
80	00:43:31	Unknown				
81	00:43:33	Belinda Van Eeden	45-49	F	3	4
82	00:43:53	Laure De Waal	10-14	F	1	3
83	00:43:55	Unknown				
84	00:44:03	Norma Roos	60-64	F	6	28
85	00:44:05	Unknown				
86	00:44:11	Veronica Santapaga-whittemore	40-44	F	1	39
87	00:44:16	Yvonne Binding	55-59	F	5	104
88	00:44:19	Unknown				
89	00:44:20	Unknown				
90	00:44:26	Unknown				
91	00:44:37	Unknown				
92	00:44:42	Unknown				
93	00:44:56	Unknown				
94	00:44:59	Marina Voges	65-69	F	3	33
95	00:45:00	George Grimsell	70-74	M	2	31
96	00:45:02	Unknown				
97	00:45:19	Jeunelda Lewis	55-59	F	6	24
98	00:45:22	Colette Pienaar	45-49	F	4	17
99	00:45:24	Geri Kotzé	80-84	F	1	160
100	00:45:26	Kobus Botha	60-64	M	3	43

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
101	00:45:33	Nico Badenhorst	55-59	M	10	79
102	00:45:49	Cobus Botha	75-79	M	1	141
103	00:45:54	Lerato Seroto	40-44	F	2	120
104	00:46:03	Unknown				
105	00:46:12	Unknown				
106	00:46:13	Kosie Van Straten	75-79	M	2	130
107	00:46:15	Piet Cronje	75-79	M	3	36
108	00:46:25	Lientjie Graham	50-54	F	6	92
109	00:46:29	Sp De Waal	70-74	M	3	11
110	00:46:31	Elizme De Waal	10-14	F	2	3
111	00:46:53	Jacqueline Pretorius	65-69	F	4	172
112	00:47:00	Elize-maré Cilliers	60-64	F	7	188
113	00:47:02	Jeanette Van Zyl	65-69	F	5	160
114	00:47:07	Berna Badenhorst	65-69	F	6	8
115	00:47:22	Louw Bosman	5-9	M	1	1
116	00:47:24	Natasha Bosman	40-44	F	3	1
117	00:47:36	Unknown				
118	00:48:05	Sonia Van Der Merwe	60-64	F	8	9
119	00:48:17	Lydia Van Der Walt	60-64	F	9	116
120	00:48:20	Stoffel Van Der Walt	70-74	M	4	116
121	00:49:11	Unknown				
122	00:49:12	Unknown				
123	00:49:20	Mafusi Patricia Nthurubele	35-39	F	3	5
124	00:49:32	Valerie Vermeulen	40-44	F	4	26
125	00:49:33	Karen Redpath	35-39	F	4	6
126	00:49:43	Unknown				
127	00:49:44	Unknown				
128	00:49:45	Unknown				
129	00:49:49	Unknown				
130	00:49:50	Unknown				
131	00:50:17	Unknown				
132	00:50:31	Cecilia Katzke	55-59	F	7	79
133	00:50:34	Ivan Katzke	55-59	M	11	60
134	00:50:44	Unknown				
135	00:50:55	Unknown				
136	00:51:19	Larochè Van Zyl	10-14	F	3	3
137	00:51:28	Cecelia Williams	50-54	F	7	3
138	00:51:31	Lance Williams	50-54	M	5	76
139	00:52:00	Juvenal De Sousa Vicente	55-59	M	12	4
140	00:52:05	Unknown				
141	00:52:06	Stefan Van Zyl	35-39	M	2	2
142	00:52:22	Francois Van Zyl	40-44	M	4	3
143	00:52:42	Levinna Wainwright	65-69	F	7	145
144	00:52:46	Patience Paka	30-34	F	1	21
145	00:53:49	Stefney Kammies	30-34	F	2	12
146	00:53:55	Liesl Steenkamp	50-54	F	8	65
147	00:53:57	Marthina Van Zyl	35-39	F	5	14
148	00:53:59	Unknown				
149	00:53:59	Unknown				
150	00:54:00	Unknown				
151	00:54:00	Juanique Van Zyl	35-39	F	6	3

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
152	00:54:04	Francois Alberts	55-59	M	13	43
153	00:54:08	Unknown				
154	00:54:09	Heleen Badenhorst	60-64	F	10	73
155	00:54:23	Tanya Scott	55-59	F	8	13
156	00:54:27	Ingrid Steyn	65-69	F	8	155
157	00:54:39	Tanya Bredenkamp	50-54	F	9	52
158	00:54:41	Unknown				
159	00:54:41	Unknown				
160	00:54:41	Sanet Mohr	55-59	F	9	32
161	00:54:57	Nienke Alberts	55-59	F	10	40
162	00:55:05	Jw Spies	10-14	M	2	1
163	00:55:43	Tania Venter	35-39	F	7	1
164	00:56:19	Edward Saunderson	45-49	M	1	16
165	00:56:37	Enrique Saunderson	10-14	M	3	11
166	00:57:37	Poena Van Zyl 10KM	65-69	M	4	162
167	00:58:13	Annalie Du Preez	60-64	F	11	21
168	00:58:23	Unknown				
169	00:58:24	Unknown				
170	00:58:25	Lee Ambrosio	65-69	F	9	10
171	00:58:27	Maria Fernandes	65-69	F	10	35
172	00:59:43	Unknown				
173	00:59:44	Unknown				
174	01:00:57	Unknown				
175	01:00:58	Unknown				
176	01:03:23	Magaretha Johanna Van Zyl	65-69	F	11	7
177	01:04:37	Marnel Neethling	60-64	F	12	3
178	01:09:43	Ernest Nyokong	45-49	M	2	6