



CityRun Naval Hill # 225

2025 # 45

1 Nov 2025

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
1	00:17:27	Xolile Baartman	25-29	M	1	110
2	00:23:30	George Mavundla	35-39	M	1	3
3	00:24:42	Makhoee Raleting	15-19	M	1	5
4	00:24:45	James Braude	25-29	M	2	9
5	00:24:56	Martin Geldenhuys	45-49	M	1	8
6	00:25:57	Wouter Venter	60-64	M	1	84
7	00:27:30	Vivian Phillies	55-59	M	1	185
8	00:27:52	Govan Ntlhaile	50-54	M	1	48
9	00:27:58	Johan Snyman	50-54	M	2	14
10	00:28:01	Franzua Van Den Heever	60-64	M	2	122
11	00:28:10	Henk Van Rooyen	55-59	M	2	102
12	00:28:36	Angel Aranda	55-59	M	3	16
13	00:28:57	Gp Nel	55-59	M	4	49
14	00:29:10	Dirk Strydom	60-64	M	3	125
15	00:29:19	Cas Kempff	65-69	M	1	154
16	00:29:27	Martie Van Zyl	65-69	F	1	176
17	00:30:57	Lynette Venter	55-59	F	1	194
18	00:31:06	Tsholofelo Mogagabe	25-29	F	1	10
19	00:31:32	Riana Nel	60-64	F	1	108
20	00:31:41	Vicky Kammies	25-29	M	3	11
21	00:32:08	Bernice Strydom	35-39	F	1	54
22	00:32:28	Jp Du Plessis	30-34	M	1	7
23	00:32:39	Marietjie Britz	50-54	F	1	22
24	00:32:45	Dawid Van Wyk	20-24	M	1	21
25	00:32:59	Peter Lombard	65-69	M	2	14
26	00:33:35	Francois Alberts	55-59	M	5	42
27	00:33:39	Mpoi Raleting	45-49	F	1	5
28	00:34:32	Johan Wasserman	55-59	M	6	121
29	00:34:42	Neville Auths	45-49	M	2	13
30	00:35:13	Reginald Hiscock	70-74	M	1	190
31	00:35:23	Linky Aranda	50-54	F	2	9
32	00:35:32	Lize Jonker	35-39	F	2	35
33	00:35:34	Etienne Jonker	35-39	M	2	57
34	00:35:45	Mahadi Seqhobane	40-44	F	1	25
35	00:35:47	Ilse Van Rhyn	60-64	F	2	49
36	00:35:51	Winnie Sebogodi	45-49	F	2	121
37	00:36:31	Mafusi Patricia Nthurubele	35-39	F	3	4
38	00:36:42	Dante Scharneck	20-24	M	2	29
39	00:36:52	Nando Denobili	50-54	M	3	164
40	00:37:35	Willemien Smuts	80-84	F	1	37
41	00:37:43	Jacobus Human	50-54	M	4	178
42	00:37:45	Lizette Human	50-54	F	3	178
43	00:37:56	Francis Maud Venter	60-64	F	3	107
44	00:38:01	Ronel Erasmus	65-69	F	2	93
45	00:39:38	Amos Van Der Westhuizen	55-59	M	7	71
46	00:40:01	Marie Lubbe	70-74	F	1	206
47	00:40:39	James Van Vollenhoven	50-54	M	5	15
48	00:40:46	Nico Combrink	75-79	M	1	117

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
49	00:40:48	Nicolene Van Vollenhoven	45-49	F	3	15
50	00:40:54	Kosie Van Straten	75-79	M	2	127
51	00:41:10	Zélia Rodrigues	60-64	F	4	49
52	00:41:13	Ria Muller	65-69	F	3	99
53	00:41:20	Fatima Rodrigues	55-59	F	2	75
54	00:41:36	Breggie Kuhn	60-64	F	5	31
55	00:41:38	Eckhardt Kuhn	55-59	M	8	30
56	00:41:58	Jeunelda Lewis	55-59	F	3	23
57	00:42:00	Colette Pienaar	45-49	F	4	16
58	00:42:08	Kedisaletse Morobe	35-39	F	4	1
59	00:42:28	Pc Bester	60-64	M	4	165
60	00:42:59	Tsietsi Selokela	40-44	M	1	65
61	00:43:33	Michaela Ngeleka	10-14	F	1	11
62	00:44:00	Julienne Bidingisha	40-44	F	2	18
63	00:45:06	Baitse Molisapoli	55-59	F	4	25
64	00:45:37	Marlene Santapaga	70-74	F	2	43
65	00:45:43	Veronica Santapaga-whittemore	40-44	F	3	37
66	00:45:54	Adriaan Joubert	55-59	M	9	54
67	00:46:15	Sonia Van Der Merwe	60-64	F	6	8
68	00:46:24	Elisha Markus	50-54	M	6	12
69	00:46:26	Ruth Govender	50-54	F	4	22
70	00:46:28	Komenthren Govender	55-59	M	10	26
71	00:48:03	Gemma Vermeulen	10-14	F	2	10
72	00:48:08	Susan Van Niekerk	60-64	F	7	8
73	00:48:09	Izak Van Niekerk	65-69	M	3	18
74	00:48:19	Jenny Penning	55-59	F	5	16
75	00:48:24	Karen Redpath	35-39	F	5	5
76	00:48:53	Lerato Seroto	40-44	F	4	118
77	00:48:55	Mcedi Moses Seroto	45-49	M	3	113
78	00:48:57	Cecilia Katzke	55-59	F	6	78
79	00:49:00	Geri Kotzé	80-84	F	2	158
80	00:49:03	Ivan Katzke	55-59	M	11	59
81	00:49:28	Valerie Vermeulen	40-44	F	5	24
82	00:49:50	Ancel George	55-59	M	12	89
83	00:49:52	Jeanette Van Zyl	65-69	F	4	156
84	00:49:56	Jacqueline Pretorius	65-69	F	5	168
85	00:49:58	Elize-maré Cilliers	60-64	F	8	186
86	00:50:01	Levinna Wainwright	65-69	F	6	141
87	00:50:06	Lance Williams	50-54	M	7	74
88	00:50:26	Norma Roos	60-64	F	9	27
89	00:50:27	Sonja Westraadt	60-64	F	10	31
90	00:52:32	Jc Smal	40-44	M	2	19
91	00:52:55	Andries Fourie	50-54	M	8	85
92	00:52:56	Koos Van Heerden	70-74	M	2	139
93	00:53:46	Tim Taylor	55-59	M	13	57
94	00:53:54	George Nezar	45-49	M	4	12
95	00:55:06	Wesley De Wee	40-44	M	3	8
96	00:55:12	Zenobia Barnard	60-64	F	11	33
97	00:55:15	Rina Fourie	70-74	F	3	37
98	00:56:08	Tanya Scott	55-59	F	7	11
99	00:56:10	Angela Brown	60-64	F	12	179
100	00:56:26	Stefney Kammies	30-34	F	1	11

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
101	00:56:28	Ingrid Steyn	65-69	F	7	153
102	00:57:16	Florence Oliphant	45-49	F	5	32
103	00:57:19	Cecelia Williams	50-54	F	5	1
104	00:58:31	Thato Ntimutse	45-49	M	5	31
105	00:58:52	Elmarie Munnik	55-59	F	8	9
106	00:59:50	Amanda Fourie 10 km	50-54	F	6	109