



CityRun Naval Hill # 215

2025 # 35

23 Aug 2025

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
1	00:17:17	Tumane Morou				
2	00:17:29	Khagiso Mpumzi				
3	00:17:56	Semanga Boshedi				
4	00:22:54	Andries Fourie	35-39	M	1	35
5	00:23:50	Moloi Leraro				
6	00:24:04	Neo Nkiane				
7	00:24:23	Nomsa Mnisi				
8	00:24:33	Unknown				
9	00:24:36	Verne Britz	10-14	M	1	2
10	00:25:08	Wouter Venter	60-64	M	1	80
11	00:26:11	Mareilo De Gouveia	15-19	M	1	21
12	00:27:09	Franzua Van Den Heever	60-64	M	2	115
13	00:27:16	Unknown				
14	00:27:50	Unknown				
15	00:27:56	Ntsikelelo Mdedelwa	40-44	M	1	19
16	00:28:07	Henk Van Rooyen	55-59	M	1	97
17	00:28:13	Ilze Kearney	60-64	F	1	43
18	00:28:16	Unknown				
19	00:28:50	Unknown				
20	00:28:50	Johan Snyman	50-54	M	1	8
21	00:29:13	Jp Du Plessis	30-34	M	1	3
22	00:29:15	Andre Gouws	35-39	M	2	54
23	00:29:47	Katja Lommetz	35-39	F	1	2
24	00:30:11	Ronel Erasmus	65-69	F	1	90
25	00:30:24	Govan Ntlhaile	50-54	M	2	41
26	00:30:29	Lynette Venter	55-59	F	1	185
27	00:30:58	Karabo Bontle Moea	10-14	F	1	2
28	00:31:03	Oarabile Lerato Leeuw	5-9	F	1	2
29	00:31:10	Mphethetsa Mahase	65-69	M	1	147
30	00:31:15	Tertia Rita De Bruin	60-64	F	2	103
31	00:31:32	Martie Van Zyl	65-69	F	2	166
32	00:31:54	Unknown				
33	00:31:55	Unknown				
34	00:32:00	Amos Van Der Westhuizen	55-59	M	2	63
35	00:32:21	Riana Nel	55-59	F	2	99
36	00:32:26	Gp Nel	55-59	M	3	42
37	00:32:43	Unknown				
38	00:33:06	Eslo Coetzee	45-49	M	1	79
39	00:33:16	Unknown				
40	00:33:48	Jakobus Booysen	30-34	M	2	5
41	00:33:51	Unknown				
42	00:34:04	Michael Roos	70-74	M	1	95
43	00:34:33	Unknown				
44	00:34:33	Winnie Sebogodi	45-49	F	1	112
45	00:35:03	Reginald Hiscock	70-74	M	2	180
46	00:35:20	Ilse Van Rhyn	60-64	F	3	45
47	00:36:25	Sello Metsing	50-54	M	3	18
48	00:36:31	Unknown				

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
49	00:37:03	Unknown				
50	00:37:33	Marie Lubbe	70-74	F	1	196
51	00:37:38	Annette Van Rooyen	70-74	F	2	22
52	00:37:44	Gosego Ndzala	10-14	M	2	1
53	00:37:47	Boipelo Choeneemang	40-44	F	1	1
54	00:37:49	Oyama Ndzala	5-9	M	1	1
55	00:38:16	James Van Vollenhoven	50-54	M	4	10
56	00:38:37	Nicolene Van Vollenhoven	45-49	F	2	10
57	00:38:42	Adriaan Joubert	55-59	M	4	45
58	00:39:32	Lephele Lesenyeho	30-34	M	3	4
59	00:39:34	Elanie Kilian	50-54	F	1	55
60	00:39:36	Kosie Van Straten	75-79	M	1	118
61	00:40:28	Jeunelda Lewis	55-59	F	3	13
62	00:41:12	Alexis Du Preez	60-64	M	3	23
63	00:41:17	Unknown				
64	00:42:28	Unknown				
65	00:42:30	Piet Cronje	75-79	M	2	29
66	00:42:32	Koos Van Heerden	70-74	M	3	131
67	00:42:34	Andries Fourie	50-54	M	5	78
68	00:42:40	Baitse Molisapoli	55-59	F	4	22
69	00:42:51	Moipone Leeuw	45-49	F	3	15
70	00:43:02	Ria Muller	65-69	F	3	94
71	00:43:15	Breggie Kuhn	55-59	F	5	23
72	00:43:18	Eckhardt Kuhn	55-59	M	5	22
73	00:44:00	Unknown				
74	00:44:01	Barbara Hickling	60-64	F	4	6
75	00:44:22	Mahube Molemela	60-64	F	5	3
76	00:44:24	Joey Donaldson	60-64	F	6	62
77	00:44:27	Unknown				
78	00:44:40	Unknown				
79	00:44:42	Unknown				
80	00:44:43	Piet Donaldson	65-69	M	2	48
81	00:45:13	Unknown				
82	00:45:23	Unknown				
83	00:45:27	Unknown				
84	00:45:28	Unknown				
85	00:45:43	Gert Theunis Van Der Vyver	50-54	M	6	30
86	00:45:45	Charlene Van Der Vyver	50-54	F	2	31
87	00:46:09	Jc Smal	40-44	M	2	16
88	00:46:11	Unknown				
89	00:46:34	Unknown				
90	00:46:59	Lydia Van Der Walt	60-64	F	7	108
91	00:47:03	Stoffel Van Der Walt	65-69	M	3	108
92	00:47:05	Alexander Jordaan	60-64	M	4	60
93	00:47:15	Unknown				
94	00:47:20	Rele Rampeta	20-24	F	1	9
95	00:47:24	Fatima De Gouveia	50-54	F	3	25
96	00:47:35	Palesa Nhlapo	50-54	F	4	10
97	00:48:02	Jeanette Van Zyl	65-69	F	4	148
98	00:48:04	Elize-maré Cilliers	60-64	F	8	179
99	00:48:10	Jacqueline Pretorius	65-69	F	5	160
100	00:48:18	Cecilia Katzke	55-59	F	6	69

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
101	00:48:20	Unknown				
102	00:48:20	Ivan Katzke	55-59	M	6	50
103	00:48:22	Unknown				
104	00:48:35	Unknown				
105	00:48:54	Unknown				
106	00:48:56	Unknown				
107	00:48:58	Unknown				
108	00:49:01	Cobus Botha	75-79	M	3	130
109	00:49:05	Anna-marie Strydom	70-74	F	3	64
110	00:49:16	Unknown				
111	00:49:19	Unknown				
112	00:49:46	Unknown				
113	00:49:48	Unknown				
114	00:50:11	Unknown				
115	00:50:13	Unknown				
116	00:50:21	Unknown				
117	00:50:22	Unknown				
118	00:50:22	Lerato Seroto	40-44	F	2	109
119	00:50:23	Unknown				
120	00:50:24	Mcedi Moses Seroto	45-49	M	2	104
121	00:50:26	Marlene Santapaga	70-74	F	4	34
122	00:50:28	Veronica Santapaga-whitemore	40-44	F	3	28
123	00:50:37	Unknown				
124	00:50:37	Jenny Penning	55-59	F	7	10
125	00:50:39	George Nezar	45-49	M	3	7
126	00:51:45	Ella Janse Van Vuuren	75-79	F	1	64
127	00:51:46	Unknown				
128	00:51:47	Unknown				
129	00:51:48	Unknown				
130	00:51:49	Unknown				
131	00:51:56	Unknown				
132	00:51:57	Unknown				
133	00:52:18	Elsabe De Villiers	35-39	F	2	5
134	00:52:20	Ella De Villiers	25-29	F	1	5
135	00:52:22	Unknown				
136	00:52:40	Patience Paka	30-34	F	1	13
137	00:52:54	Sanet Mohr	55-59	F	8	24
138	00:52:56	Tanya Bredenkamp	50-54	F	5	44
139	00:53:28	Unknown				
140	00:53:28	Heleen Badenhorst	60-64	F	9	68
141	00:53:29	Unknown				
142	00:53:46	Annalie Du Preez	60-64	F	10	17
143	00:53:50	Unknown				
144	00:54:44	Jacobus Human	50-54	M	7	170
145	00:54:46	Mpho Finger	15-19	F	1	4
146	00:54:47	Dalena Van Der Merwe	60-64	F	11	154
147	00:55:12	Poena Van Zyl 10 km	65-69	M	4	152
148	00:55:31	Mpelegeng Poonyane	50-54	F	6	4
149	00:56:53	Ingrid Steyn	65-69	F	6	146
150	00:56:56	Tanya Scott	55-59	F	9	4
151	00:57:30	Seleste Vicente	55-59	F	10	37
152	00:57:51	Elsje Du Buisson	60-64	F	12	12

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
153	00:58:10	Maria Fernandes	65-69	F	7	32
154	01:01:56	Thato Ntimutse	45-49	M	4	28