



# CityRun Naval Hill # 218

2025 # 38

13 Sept 2025

| Pos | Time     | Full Name               | Age group | Gender | Category Position | Runs |
|-----|----------|-------------------------|-----------|--------|-------------------|------|
| 1   | 00:17:07 | David Molhiselwa        | 35-39     | M      | 1                 | 16   |
| 2   | 00:21:01 | Johann Claassens        | 50-54     | M      | 1                 | 22   |
| 3   | 00:23:12 | Yolanda Claassens       | 45-49     | F      | 1                 | 28   |
| 4   | 00:23:21 | Evan Phillies           | 20-24     | M      | 1                 | 126  |
| 5   | 00:23:58 | Dirk De Bus             | 40-44     | M      | 1                 | 17   |
| 6   | 00:24:49 | Hardus Burger           | 35-39     | M      | 2                 | 12   |
| 7   | 00:25:36 | Unknown                 |           |        |                   |      |
| 8   | 00:26:20 | Elsabe Myburgh          | 55-59     | F      | 1                 | 90   |
| 9   | 00:26:41 | Unknown                 |           |        |                   |      |
| 10  | 00:26:46 | Unknown                 |           |        |                   |      |
| 11  | 00:26:55 | Gp Nel                  | 55-59     | M      | 1                 | 44   |
| 12  | 00:26:58 | Jg Henning              | 10-14     | M      | 1                 | 5    |
| 13  | 00:27:16 | Franzua Van Den Heever  | 60-64     | M      | 1                 | 117  |
| 14  | 00:27:38 | Unknown                 |           |        |                   |      |
| 15  | 00:27:42 | Henk Van Rooyen         | 55-59     | M      | 2                 | 99   |
| 16  | 00:28:05 | Vivian Phillies         | 55-59     | M      | 3                 | 179  |
| 17  | 00:28:17 | Witness Makonano        | 40-44     | M      | 2                 | 71   |
| 18  | 00:28:56 | Unknown                 |           |        |                   |      |
| 19  | 00:28:57 | Ilze Kearney            | 60-64     | F      | 1                 | 45   |
| 20  | 00:29:30 | Unknown                 |           |        |                   |      |
| 21  | 00:29:45 | Andre Gouws             | 35-39     | M      | 3                 | 56   |
| 22  | 00:29:49 | Amos Van Der Westhuizen | 55-59     | M      | 4                 | 65   |
| 23  | 00:30:17 | Unknown                 |           |        |                   |      |
| 24  | 00:30:18 | Unknown                 |           |        |                   |      |
| 25  | 00:30:23 | Unknown                 |           |        |                   |      |
| 26  | 00:30:27 | Murendi Mutsharini      | 40-44     | M      | 3                 | 44   |
| 27  | 00:30:29 | Mphethetsa Mahase       | 65-69     | M      | 1                 | 149  |
| 28  | 00:30:47 | Ben Vd Merwe            | 55-59     | M      | 5                 | 172  |
| 29  | 00:31:01 | Michael Roos            | 70-74     | M      | 1                 | 97   |
| 30  | 00:31:09 | Lynette Venter          | 55-59     | F      | 2                 | 188  |
| 31  | 00:31:51 | Riana Nel               | 55-59     | F      | 3                 | 101  |
| 32  | 00:32:09 | Rorisang Ramorena       | 25-29     | M      | 1                 | 23   |
| 33  | 00:32:16 | Unknown                 |           |        |                   |      |
| 34  | 00:32:16 | Koos Myburgh            | 55-59     | M      | 6                 | 88   |
| 35  | 00:32:28 | Govan Ntlhaile          | 50-54     | M      | 2                 | 43   |
| 36  | 00:32:36 | Unknown                 |           |        |                   |      |
| 37  | 00:32:59 | Liesl Steenkamp         | 50-54     | F      | 1                 | 62   |
| 38  | 00:33:08 | Unknown                 |           |        |                   |      |
| 39  | 00:33:13 | Unknown                 |           |        |                   |      |
| 40  | 00:33:17 | Johan Wasserman         | 55-59     | M      | 7                 | 114  |
| 41  | 00:33:19 | Lourens Van Jaarsveldt  | 65-69     | M      | 2                 | 136  |
| 42  | 00:33:36 | Reginald Hiscock        | 70-74     | M      | 2                 | 183  |
| 43  | 00:34:12 | Unknown                 |           |        |                   |      |
| 44  | 00:34:17 | Suzanne Boonzaaier      | 60-64     | F      | 2                 | 136  |
| 45  | 00:34:43 | Andries Fourie          | 35-39     | M      | 4                 | 37   |
| 46  | 00:34:53 | Jakobus Booysen         | 30-34     | M      | 1                 | 6    |
| 47  | 00:34:57 | Unknown                 |           |        |                   |      |
| 48  | 00:35:16 | Jp De Villiers          | 20-24     | M      | 2                 | 3    |

| Pos | Time     | Full Name                    | Age group | Gender | Category Position | Runs |
|-----|----------|------------------------------|-----------|--------|-------------------|------|
| 49  | 00:35:18 | Koos Van Heerden             | 70-74     | M      | 3                 | 135  |
| 50  | 00:35:33 | Peter Lombard                | 65-69     | M      | 3                 | 9    |
| 51  | 00:35:34 | Unknown                      |           |        |                   |      |
| 52  | 00:35:37 | Winnie Sebogodi              | 45-49     | F      | 2                 | 115  |
| 53  | 00:35:51 | Unknown                      |           |        |                   |      |
| 54  | 00:36:07 | Marilette Burger             | 35-39     | F      | 1                 | 16   |
| 55  | 00:36:39 | Dalena Van Der Merwe         | 60-64     | F      | 3                 | 158  |
| 56  | 00:36:41 | Jacobus Human                | 50-54     | M      | 3                 | 173  |
| 57  | 00:36:42 | Lizette Human                | 50-54     | F      | 2                 | 173  |
| 58  | 00:37:23 | Cor Louwrens                 | 60-64     | M      | 2                 | 152  |
| 59  | 00:37:25 | Unknown                      |           |        |                   |      |
| 60  | 00:37:33 | Jaco De Bruin                | 40-44     | M      | 4                 | 12   |
| 61  | 00:37:35 | Nando Denobili               | 50-54     | M      | 4                 | 161  |
| 62  | 00:37:43 | Marie Lubbe                  | 70-74     | F      | 1                 | 199  |
| 63  | 00:37:51 | Adriaan Joubert              | 55-59     | M      | 8                 | 48   |
| 64  | 00:38:01 | Sheree Hofmeyr               | 30-34     | F      | 1                 | 1    |
| 65  | 00:38:16 | Francis Maud Venter          | 60-64     | F      | 4                 | 102  |
| 66  | 00:38:50 | Bettie Louwrens              | 60-64     | F      | 5                 | 164  |
| 67  | 00:38:51 | Madre Louwrens               | 35-39     | F      | 2                 | 157  |
| 68  | 00:38:53 | Kosie Van Straten            | 75-79     | M      | 1                 | 120  |
| 69  | 00:39:26 | Unknown                      |           |        |                   |      |
| 70  | 00:39:34 | Unknown                      |           |        |                   |      |
| 71  | 00:39:36 | Sello Metsing                | 50-54     | M      | 5                 | 19   |
| 72  | 00:40:18 | Martie Van Zyl               | 65-69     | F      | 1                 | 169  |
| 73  | 00:40:33 | Unknown                      |           |        |                   |      |
| 74  | 00:40:42 | Unknown                      |           |        |                   |      |
| 75  | 00:40:53 | Floressa Wasserman           | 55-59     | F      | 4                 | 19   |
| 76  | 00:40:59 | Pc Bester                    | 60-64     | M      | 3                 | 159  |
| 77  | 00:41:01 | Andries Fourie               | 50-54     | M      | 6                 | 81   |
| 78  | 00:41:39 | Sp De Waal                   | 70-74     | M      | 4                 | 6    |
| 79  | 00:41:43 | Unknown                      |           |        |                   |      |
| 80  | 00:42:06 | Jeunelda Lewis               | 55-59     | F      | 5                 | 16   |
| 81  | 00:42:12 | Unknown                      |           |        |                   |      |
| 82  | 00:42:12 | Debra Theron                 | 50-54     | F      | 3                 | 19   |
| 83  | 00:42:15 | Nicolas Theron               | 55-59     | M      | 9                 | 34   |
| 84  | 00:42:17 | Colette Pienaar              | 45-49     | F      | 3                 | 12   |
| 85  | 00:42:19 | Sello Letlatsa               | 40-44     | M      | 5                 | 42   |
| 86  | 00:42:50 | Jeanette Van Zyl             | 65-69     | F      | 2                 | 152  |
| 87  | 00:42:53 | Breggie Kuhn                 | 60-64     | F      | 6                 | 26   |
| 88  | 00:42:53 | Jacqueline Pretorius         | 65-69     | F      | 3                 | 164  |
| 89  | 00:42:54 | Eckhardt Kuhn                | 55-59     | M      | 10                | 25   |
| 90  | 00:42:58 | Piet Cronje                  | 75-79     | M      | 2                 | 32   |
| 91  | 00:42:58 | Elize-maré Cilliers          | 60-64     | F      | 7                 | 182  |
| 92  | 00:43:05 | Joshua Mosimanegape          | 45-49     | M      | 1                 | 17   |
| 93  | 00:43:30 | Lorato Gaosenkwe             | 45-49     | F      | 4                 | 15   |
| 94  | 00:43:44 | Tsietsi Selokela             | 40-44     | M      | 6                 | 58   |
| 95  | 00:44:04 | Veronica Santapaga-whitemore | 40-44     | F      | 1                 | 31   |
| 96  | 00:44:07 | Marlene Santapaga            | 70-74     | F      | 2                 | 37   |
| 97  | 00:44:16 | Unknown                      |           |        |                   |      |
| 98  | 00:44:19 | Unknown                      |           |        |                   |      |
| 99  | 00:44:32 | Unknown                      |           |        |                   |      |
| 100 | 00:44:33 | Unknown                      |           |        |                   |      |

| Pos | Time     | Full Name             | Age group   | Gender | Category Position | Runs |
|-----|----------|-----------------------|-------------|--------|-------------------|------|
| 101 | 00:44:36 | Ntsiki Mbobo          | 50-54       | F      | 4                 | 4    |
| 102 | 00:44:42 | Nico Combrink         | 75-79       | M      | 3                 | 111  |
| 103 | 00:44:57 | Cobus Botha           | 75-79       | M      | 4                 | 133  |
| 104 | 00:44:58 | Unknown               |             |        |                   |      |
| 105 | 00:46:13 | Unknown               |             |        |                   |      |
| 106 | 00:46:15 | Unknown               |             |        |                   |      |
| 107 | 00:46:23 | Unknown               |             |        |                   |      |
| 108 | 00:47:49 | Unknown               |             |        |                   |      |
| 109 | 00:47:51 | Lerato Seroto         | 40-44       | F      | 2                 | 112  |
| 110 | 00:47:53 | Mcedi Moses Seroto    | 45-49       | M      | 2                 | 107  |
| 111 | 00:47:56 | Sonia Van Der Merwe   | 60-64       | F      | 8                 | 2    |
| 112 | 00:48:01 | Joey Donaldson        | 60-64       | F      | 9                 | 64   |
| 113 | 00:48:03 | Piet Donaldson        | 65-69       | M      | 4                 | 50   |
| 114 | 00:48:11 | Cecilia Katzke        | 55-59       | F      | 6                 | 71   |
| 115 | 00:48:14 | Ivan Katzke           | 55-59       | M      | 11                | 52   |
| 116 | 00:48:16 | Unknown               |             |        |                   |      |
| 117 | 00:48:31 | Anneline Henning      | 40-44       | F      | 3                 | 18   |
| 118 | 00:49:09 | Unknown               |             |        |                   |      |
| 119 | 00:49:11 | Unknown               |             |        |                   |      |
| 120 | 00:50:22 | Unknown               |             |        |                   |      |
| 121 | 00:50:33 | Charles Kotze         | 80-84       | M      | 1                 | 121  |
| 122 | 00:50:36 | Geri Kotzé            | 80-84       | F      | 1                 | 152  |
| 123 | 00:51:32 | Unknown               |             |        |                   |      |
| 124 | 00:51:32 | Sonja Westraadt       | 60-64       | F      | 10                | 29   |
| 125 | 00:51:33 | Norma Roos            | 60-64       | F      | 11                | 25   |
| 126 | 00:52:11 | Unknown               |             |        |                   |      |
| 127 | 00:52:13 | Unknown               |             |        |                   |      |
| 128 | 00:52:14 | Ella Janse Van Vuuren | 75-79       | F      | 1                 | 65   |
| 129 | 00:52:18 | Natercia Bosch        | 40-44       | F      | 4                 | 29   |
| 130 | 00:52:30 | Patience Paka         | 30-34       | F      | 2                 | 15   |
| 131 | 00:52:38 | Unknown               |             |        |                   |      |
| 132 | 00:52:48 | Magda Cronje          | 80-84       | F      | 2                 | 34   |
| 133 | 00:53:19 | Unknown               |             |        |                   |      |
| 134 | 00:53:19 | Karen Redpath         | 35-39       | F      | 3                 | 2    |
| 135 | 00:53:21 | Unknown               |             |        |                   |      |
| 136 | 00:53:25 | Valerie Vermeulen     | 40-44       | F      | 5                 | 18   |
| 137 | 00:53:32 | Levinna Wainwright    | 65-69       | F      | 4                 | 135  |
| 138 | 00:53:52 | Unknown               |             |        |                   |      |
| 139 | 00:53:54 | Unknown               |             |        |                   |      |
| 140 | 00:55:28 | Unknown               |             |        |                   |      |
| 141 | 00:55:29 | Unknown               |             |        |                   |      |
| 142 | 00:56:25 | Poena Van Zyl         | 10 km 65-69 | M      | 5                 | 156  |
| 143 | 00:56:43 | Berna Badenhorst      | 65-69       | F      | 5                 | 3    |
| 144 | 00:56:44 | Elsje Du Buisson      | 60-64       | F      | 12                | 14   |
| 145 | 00:57:03 | Unknown               |             |        |                   |      |
| 146 | 00:57:05 | Unknown               |             |        |                   |      |
| 147 | 00:58:01 | Thato Ntimutse        | 45-49       | M      | 3                 | 30   |
| 148 | 00:59:07 | Unknown               |             |        |                   |      |
| 149 | 00:59:09 | Unknown               |             |        |                   |      |
| 150 | 00:59:59 | Gabrielle Jordaan     | 20-24       | F      | 1                 | 45   |
| 151 | 00:59:59 | Alexander Jordaan     | 60-64       | M      | 4                 | 62   |
| 152 | 01:00:53 | Unknown               |             |        |                   |      |