



CityRun Naval Hill # 209

2025 # 29

12 Jul 2025

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
1	00:22:31	Unknown				
2	00:22:33	Evan Phillies	20-24	M	1	120
3	00:26:08	Hanri Smith	35-39	F	1	5
4	00:26:11	Unknown				
5	00:26:36	Elsabe Myburgh	55-59	F	1	83
6	00:27:32	Etienne Jonker	35-39	M	1	54
7	00:27:34	Nico Badenhorst	55-59	M	1	74
8	00:28:06	Mpolokeng Mokalobe	45-49	F	1	5
9	00:28:21	Bouwer Jonker	5-9	M	1	23
10	00:28:39	Tony Horn	60-64	M	1	114
11	00:28:52	Unknown				
12	00:28:57	Sabeco Shezi	40-44	M	1	3
13	00:29:08	Dirk Strydom	60-64	M	2	116
14	00:29:11	Govan Ntlhaile	50-54	M	1	37
15	00:29:14	Eslo Coetzee	45-49	M	1	28
16	00:29:29	Vivian Phillies	55-59	M	2	173
17	00:29:41	Deon Rood	50-54	M	2	22
18	00:29:58	Rorisang Ramorena	25-29	M	1	17
19	00:30:00	Unknown				
20	00:30:21	Unknown				
21	00:30:24	Ben Vd Merwe	55-59	M	3	164
22	00:30:31	Unknown				
23	00:30:40	Michael Roos	70-74	M	1	92
24	00:30:46	Unknown				
25	00:30:47	Komenthren Govender	55-59	M	4	22
26	00:30:51	Unknown				
27	00:30:52	Leon Nortje	50-54	M	3	75
28	00:30:55	Luan Smith	5-9	M	2	4
29	00:31:00	Lynette Venter	55-59	F	2	179
30	00:31:08	Cas Kempff	65-69	M	1	144
31	00:31:10	Deline Rood	20-24	F	1	13
32	00:31:50	Dante Scharneck	20-24	M	2	22
33	00:31:54	Dawid Van Wyk	20-24	M	3	16
34	00:32:09	Riana Nel	55-59	F	3	93
35	00:32:28	Sekonyela Moeketsi	45-49	M	2	11
36	00:32:32	Megan Pelser	15-19	F	1	8
37	00:32:35	Melany Pelser	45-49	F	2	9
38	00:32:36	Danelle Rood	20-24	F	2	8
39	00:32:38	Lizelle Rood	50-54	F	1	20
40	00:32:40	Johan Wasserman	55-59	M	5	107
41	00:32:51	Reginald Hiscock	70-74	M	2	174
42	00:32:54	Lourens Van Jaarsveldt	65-69	M	2	127
43	00:33:24	Unknown				
44	00:33:24	Koos Myburgh	55-59	M	6	81
45	00:33:34	Unknown				
46	00:33:34	Moipone Leeuw	45-49	F	3	11
47	00:33:39	Unknown				
48	00:33:40	Unknown				

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
49	00:34:00	Unknown				
50	00:34:01	Unknown				
51	00:34:06	Vicky Kammies	25-29	M	2	4
52	00:34:21	Unknown				
53	00:34:26	Liesl Steenkamp	50-54	F	2	57
54	00:35:13	Unknown				
55	00:35:15	Unknown				
56	00:35:29	Marko Britz	20-24	M	4	3
57	00:35:34	Marietjie Britz	50-54	F	3	16
58	00:35:38	Unknown				
59	00:36:24	Winnie Sebogodi	45-49	F	4	106
60	00:36:58	Lerato Pitsoyame	30-34	F	1	7
61	00:37:00	Jacobus Human	50-54	M	4	166
62	00:37:02	Lizette Human	50-54	F	4	167
63	00:37:05	Nando Denobili	50-54	M	5	154
64	00:37:07	Tertia Rita De Bruin	60-64	F	1	99
65	00:37:13	Marie Lubbe	70-74	F	1	190
66	00:37:27	Tim Van Rooyen	60-64	M	3	54
67	00:37:28	Abigail Van Rooyen	25-29	F	1	54
68	00:37:37	Ria Muller	65-69	F	1	92
69	00:37:40	Louwina Erasmus	50-54	F	5	10
70	00:37:57	Jaco De Bruin	40-44	M	2	8
71	00:38:23	Unknown				
72	00:38:23	Unknown				
73	00:38:27	Unknown				
74	00:38:29	Unknown				
75	00:39:02	Unknown				
76	00:39:03	Unknown				
77	00:39:05	Unknown				
78	00:39:40	Unknown				
79	00:39:56	Hendri Du Plessis	40-44	M	3	2
80	00:40:20	Morgan Pelser	20-24	F	3	12
81	00:40:22	Logan Robbertze	15-19	M	1	51
82	00:40:24	Unknown				
83	00:40:51	Kosie Van Straten	75-79	M	1	113
84	00:40:56	Morena Kabelo Dichabe	10-14	M	1	3
85	00:41:00	Ilse Van Rhyn	60-64	F	2	41
86	00:41:01	Elize-maré Cilliers	60-64	F	3	175
87	00:41:02	Nico Combrink	75-79	M	2	104
88	00:41:03	Jeanette Van Zyl	65-69	F	2	142
89	00:41:04	Levinna Wainwright	65-69	F	3	128
90	00:41:05	Maria Groenewald	50-54	F	6	147
91	00:41:11	Koos Van Heerden	70-74	M	3	127
92	00:41:14	Limarie Jonker	5-9	F	1	19
93	00:41:19	Pc Bester	60-64	M	4	150
94	00:41:21	Lize Jonker	35-39	F	2	28
95	00:41:37	Titus Williams	50-54	M	6	43
96	00:41:42	Unknown				
97	00:41:43	Unknown				
98	00:41:43	Unknown				
99	00:42:49	Unknown				
100	00:43:21	Eckhardt Kuhn	55-59	M	7	17

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
101	00:43:24	Breggie Kuhn	55-59	F	4	18
102	00:43:32	Caroline Venter	45-49	F	5	85
103	00:43:34	Unknown				
104	00:43:34	Unknown				
105	00:43:38	Unknown				
106	00:43:40	Lientjie Graham	50-54	F	7	85
107	00:44:17	Unknown				
108	00:44:19	Unknown				
109	00:44:20	Unknown				
110	00:44:23	Yvonne Binding	55-59	F	5	100
111	00:44:25	Unknown				
112	00:44:28	Unknown				
113	00:44:35	Benito Williams	55-59	M	8	34
114	00:45:04	Unknown				
115	00:45:25	Unknown				
116	00:46:08	Baitse Molisapoli	55-59	F	6	18
117	00:46:30	Unknown				
118	00:46:50	Unknown				
119	00:46:51	Unknown				
120	00:46:52	Charles Kotze	80-84	M	1	116
121	00:46:54	Geri Kotzé	80-84	F	1	145
122	00:47:06	Lerato Seroto	40-44	F	1	103
123	00:47:10	Elanie Kilian	50-54	F	8	51
124	00:47:12	Unknown				
125	00:47:12	Izak Steenkamp	50-54	M	7	6
126	00:47:13	Unknown				
127	00:47:23	Sp De Waal	70-74	M	4	1
128	00:47:26	Mahike Kilian	20-24	F	4	21
129	00:47:38	Unknown				
130	00:47:39	Unknown				
131	00:47:40	Unknown				
132	00:47:42	Unknown				
133	00:47:42	Ulise Cilliers	45-49	F	6	44
134	00:47:42	Rika Du Preez	50-54	F	9	57
135	00:47:43	Unknown				
136	00:47:44	Unknown				
137	00:47:57	Unknown				
138	00:47:59	Unknown				
139	00:48:01	Unknown				
140	00:48:05	Unknown				
141	00:48:24	Norma Roos	60-64	F	4	23
142	00:48:25	Sonja Westraadt	60-64	F	5	26
143	00:48:29	Cobus Botha	75-79	M	3	126
144	00:48:33	Mafusi Patricia Nthurubele	35-39	F	3	2
145	00:48:40	Palesa Nhlapo	50-54	F	10	6
146	00:48:46	Phindile Hlatshwayo	45-49	F	7	7
147	00:48:48	Sheila Molise	45-49	F	8	13
148	00:49:41	Jc Smal	40-44	M	4	12
149	00:50:03	Joshua Mosimanegape	45-49	M	3	16
150	00:50:05	Unknown				
151	00:50:36	Jeanne Finchan	55-59	F	7	53
152	00:50:37	Unknown				

Pos	Time	Full Name	Age group	Gender	Category Position	Runs
153	00:50:44	Babs Kriel	60-64	F	6	124
154	00:50:57	Michelle Pastor	45-49	F	9	33
155	00:51:02	Vodene Phillies	20-24	F	5	31
156	00:51:11	Unknown				
157	00:51:12	Des Dichabe	50-54	M	8	4
158	00:51:17	Unknown				
159	00:51:20	Magda Cronje	80-84	F	2	32
160	00:51:22	Gemma Vermeulen	10-14	F	1	6
161	00:51:25	Belinda Van Eeden	45-49	F	10	2
162	00:51:36	Unknown				
163	00:51:57	Unknown				
164	00:52:06	Heleen Badenhorst	60-64	F	7	67
165	00:52:11	Stefney Kammies	30-34	F	2	4
166	00:52:18	Valerie Vermeulen	40-44	F	2	12
167	00:52:19	George Nezar	45-49	M	4	5
168	00:52:29	Marlene Santapaga	70-74	F	2	31
169	00:52:31	Jenny Penning	55-59	F	8	6
170	00:52:34	Veronica Santapaga-whittemore	40-44	F	3	26
171	00:52:47	Unknown				
172	00:52:52	Xolile Baartman	25-29	M	3	102
173	00:52:55	Zenobia Barnard	55-59	F	9	23
174	00:52:57	Rina Fourie	70-74	F	3	27
175	00:53:16	Antoiné Van Eeden	20-24	F	6	2
176	00:53:21	Karabelo Mahlonoko	25-29	F	2	2
177	00:57:07	Poena Van Zyl	65-69	M	3	147
178	00:57:54	Unknown				
179	00:58:23	Angela Brown	60-64	F	8	167
180	00:58:28	Ingrid Steyn	65-69	F	4	141
181	00:58:55	Kobus Bezuidenhoudt	45-49	M	5	78
182	00:59:38	Unknown				
183	01:01:48	Unknown				
184	01:01:50	Unknown				
185	01:15:15	Adriaan Joubert	55-59	M	9	39